

## September Breakfast

**Bales/Westwood** 

2022

1

Egg & cheese melt Lucky Charms String cheese Mixed fruit 1% white milk Chocolate skim milk 2

Glazed donut Cinn Toast Crunch String cheese Apple juice 1% white milk Chocolate skim milk

5

Holiday

Breakfast pizza Cinn Toast Crunch String cheese Fruit juice 1% white milk Chocolate skim milk 7

Cinnamon roll
Cocoa Puffs
String cheese
Applesauce
1% white milk
Chocolate skim milk

8

Egg & cheese melt Lucky Charms String cheese Mixed fruit 1% white milk Chocolate skim milk 9

Glazed donut Cinn Toast Crunch String cheese Apple juice 1% white milk Chocolate skim milk

12

French toast sticks Lucky Charms String cheese Diced pears 1% white milk Chocolate skim milk 13

Pancake wrap Cinn Toast Crunch String cheese Fruit juice 1% white milk Chocolate skim milk 14

Waffles
Cocoa Puffs
String cheese
Applesauce
1% white milk
Chocolate skim milk

15

Sausage, egg & cheese sandwich Lucky Charms String cheese Mixed fruit 1% white milk Chocolate skim milk

16

Lucky Charms donut Cinn Toast Crunch String cheese Apple slices 1% white milk Chocolate skim milk

19

Student Holiday

20

Breakfast pizza Cinn Toast Crunch String cheese Apple slices 1% white milk Chocolate skim milk 21

Cinnamon roll
Cocoa Puffs
String cheese
Applesauce
1% white milk
Chocolate skim milk

22

Egg & cheese melt Lucky Charms String cheese Mixed fruit 1% white milk Chocolate skim milk 23

Glazed donut Cinn Toast Crunch String cheese Apple juice 1% white milk Chocolate skim milk

26

French toast sticks Lucky Charms String cheese Diced pears 1% white milk Chocolate skim milk 27

Pancake wrap Cinn Toast Crunch String cheese Apple slices 1% white milk Chocolate skim milk 28

Waffles Cocoa Puffs String cheese Applesauce 1% white milk Chocolate skim milk 29

Sausage, egg & cheese sandwich Lucky Charms String cheese Mixed fruit 1% white milk Chocolate skim milk 30

Lucky Charms donut Cinn Toast Crunch String cheese Apple juice 1% white milk Chocolate skim milk

More info...

22-23 Meal Pricing

Reduced Breakfast \$0.30 Lunch \$0.40 Paid Breakfast \$1.40 Lunch \$3.00

More info... Snack Ala Carte Pricing

Chips \$1.10 Rice Krispie \$1.60 Cereal \$0.95 Juice \$0.70 String cheese \$0.80 Cookie \$0.85 Poptart \$1.05 Yogurt \$1.30

This institution is an equal opportunity provider.

